

OTTER TRAIL GUIDE

TIDES AUG 2026

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low Tide
1	0721	1748	0530	1753	1125	2349
2	0720	1749	0600	1825	1154	----
3	0719	1749	0633	1859	0023	1223
4	0718	1750	0707	1937	0100	1257
5	0717	1751	0748	2023	0142	1337
6	0717	1752	0839	2126	0234	1431
7	0716	1752	0957	2302	0343	1556
8	0715	1753	1220	----	0546	1837
9	0714	1754	0053	1346	0729	1955
10	0713	1754	0205	1441	0826	2048
11	0712	1755	0259	1527	0910	2132
12	0711	1756	0346	1608	0949	2213
13	0710	1756	0427	1647	1024	2250
14	0709	1757	0504	1723	1057	2325
15	0708	1758	0538	1756	1127	2357
16	0706	1758	0610	1827	1156	----
17	0705	1759	0639	1856	0028	1224
18	0704	1800	0708	1925	0058	1252
19	0702	1800	0738	1957	0129	1323
20	0700	1801	0817	2041	0206	1405
21	0658	1802	0928	2213	0302	1527
22	0657	1803	1302	----	0626	1857
23	0656	1803	0101	1354	0738	1948
24	0655	1804	0156	1429	0816	2023
25	0653	1805	0234	1459	0846	2054
26	0652	1805	0307	1529	0913	2124
27	0651	1806	0337	1558	0940	2154
28	0650	1807	0407	1628	1006	2224
29	0649	1808	0437	1657	1032	2254
30	0648	1808	0508	1728	1059	2326
31	0647	1809	0539	1759	1127	2359

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

